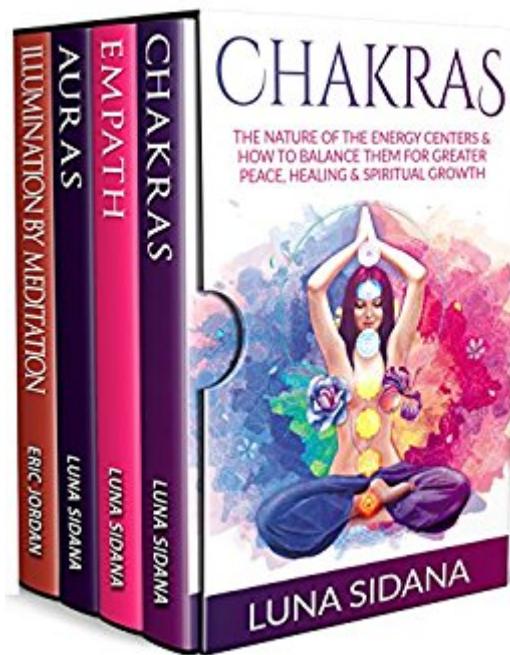


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# Psychic Development: 4 Manuscripts - Empath, Auras, Meditation, Chakras (Energy Work)



## Synopsis

Psychic Development & Spiritual GrowthLearn how to nurture your empathic abilities, shield yourself from psychic vampires, how to sense auras, develop your seven energy centers and meditate like a seasoned monk. During the course of these 4 manuscripts, you will get to explore your true, spiritual nature, and discover how to develop psychic abilities you may not even know that you had. This book includes: Empath: A Guide To Understanding, Defending & Nurturing Your Precious GiftHow to recognize if you or another person is an empath The nature of Oneness and how it relates to empathic abilitiesMasculine/Feminine polarity and sensitive individualsThe ups and downs of being an empathLiving your life day-to-day as a sensitive soulÃ¢ ª“Energy VampiresÃ¢ ª• and how to deal with themMaintaining and further developing your precious gift ++Auras: A BeginnerÃ¢ ª„cs Guide On How To Feel, See & Strengthen The Auric FieldThe nature of the human aura & its attributes How the auric field plays a part in your spiritual evolutionThe different layers and colors of the aura & their meaningsHow to start sensing aurasHow you can learn to see themCleansing your field of negative energyStrengthening & maintaining good auric health ++Illumination by Meditation: 13 Meditations for Mind, Body & SpiritMindfulnessChakra meditation Zen meditationSelf-inquiryYoga NidraTrataka meditationVipassanaStanding meditationLoving-kindness meditation ++Chakras: The Nature Of The Energy Centers & How To Balance Them For Greater Peace, Healing & Spiritual GrowthThe Nature of the Chakra SystemThe Root Chakra - Muladhara The Sacral Chakra - SvadhishthanaThe Navel Chakra - ManipuraThe Heart Chakra - AnahataThe Throat Chakra - VishuddhaThe Third-Eye Chakra - AjnaThe Crown Chakra Ã¢ ªœ SahasraraChakra Balance & Relationships ++Download now & ready yourself for an astonishing journey of self-discovery!

## Book Information

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I downloaded this book and will be purchasing the physical version not only for myself but for friends and family! This book is well worth it, it was easy to read and comprehend it also had great little funny moments which made it a pleasure to read. Honestly i am not big on reading and i tend to put books down and come back rarely but this book kept my interest and i only put it down once to answer the phone and i told the caller i would call them back when i was finished.

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